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## **The Powerful Nexus between Emotional Involvement and Social Change**

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Prolonged emotional expenditure during times of transformational challenges could result in anxiety or anguish as participants struggle with constant adaptation to the often sudden changes in life course processes (Kiefer 2005). Indeed, emotional intensity is inexorably connected to major change events, which seems to suggest that the entanglement of life experiences with the emotional sphere takes on more significance, and values tend to be reconsidered as people search for existential meaning. Emotional challenges posed by contemporary social innovation and change have fluctuated between the urgency to rapidly shift course from old mindsets and approaches that no longer work to the need to cultivate a more equitable transformation of society (Louis/Montiel 2018).....